



**Autistan
Diplomatic
Organization**

**His Excellency
Mr Nirmal Raj Kafle, Ambassador
Embassy of Nepal in Brazil**

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Dialogue with the public authorities of Nepal for the well-being of autistic people

To the attention of H.E. Mr Nirmal Raj Kafle, Ambassador of Nepal to Brazil

17/10/2023

Mr Ambassador

As a "mild" autistic person and founder of our autistic organization, I have the honour of presenting to your esteemed attention our concept for improving communication between "the world of autistics" ("*Autistan*") and "the world of non-autistics", with the aim of fostering constructive dialogue with the relevant public authorities.

Thanks to our "distant and complementary" information and particularities, it is possible to gain a better understanding of autism and the needs and difficulties of autistic people, and thus to refine and improve public policies in this area.

If this dialogue could be established and flourish, it would undoubtedly help autistic people to move towards **a better life, one that is fairer, freer, with more opportunities and equal chances, and ultimately more fulfilled and happier.**



Autistan *The world of autistic people*

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There is no doubt that we can contribute to this, because the difficulties are mainly due to misunderstandings and confusion.

In other words, **the key is *dialogue***.

This could be possible, despite the foreseeable obstacles.

1. Obstacles

The main obstacle is communication (which is quite logical in the presence of autism).

To sum up, the public authorities generally seem to be "blocked" because of the unusual or "unplanned" nature of our proposals or communications, which makes that:

- they don't really know how to handle them,
- or they are irritated by an impression of "outside interference" (or "pretence"), which is actually a "non-problem" (which the dialogue makes it possible to understand),
- or they believe that we are not serious.

However, we can hardly expect an autistic organization to behave in a perfectly "non-autistic" way...

And for the good of the autistic population, every effort should be made to adapt: that's what we're doing on our side.

2. Written presentation

If you agree, we can send you a highly summarised file of around a hundred pages of concrete elements which show the serious and useful nature of our proposal, and which can simply be "looked at without reading everything" because there are a lot of images.

(For the moment it is in Portuguese, but if we are lucky enough to arouse your interest, I can translate it in English).

If someone in the government in your country could see this, then they would probably see the relevance, the potential, and the usefulness of the information we can provide.

Note: This dossier - like our Statutes - also shows that there is no need to worry about any "outside interference" or "pretence", or anything negative.

Our organization and our approach are perfectly neutral and "diplomatic"; everything is done to avoid conflicts of interest (or vested interests) and other misappropriations, and we have no other aim than to improve the lives of autistic people by building "bridges between the two worlds".



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3. Verbal dialogue

Experience shows that our attempts to communicate in writing remain "almost inaudible"; on the other hand, between human beings (autistic or not) it is possible to understand each other through 'natural' dialogue, i.e. verbal and in real time.

I even think I am pretty good at explaining things about autism, and the people I talk to always tell me it's 'very interesting' and instructive (there has never been any exception).

Please note that this is not just about "explaining autism" (although that is essential): we can also go into the details of public policies (possible "autism plans", etc.), including relations with international organizations (UN, WHO, etc.), a subject with which we are quite familiar (*at our modest level*).

Another subject, which I think is really interesting for the autistic people of the world (and for your country, as you will see), is the following.

(...) (paragraph omitted for privacy in the public version of this letter)

(...) is full of great qualities, and - having lived in Nepal myself for 4 months - it seems to me that it should be possible and even easy to find other people in your country with such qualities, which are so essential for supporting autistic people.

So the idea that naturally comes to mind would be that of a sort of international programme of assistance for autistic people, which would enable young men and women from your country to live for a certain period of time in certain countries, in the families of autistic people, to accompany these people while being paid.

It would also enable them to improve their language skills (in English, for example).



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The training of these carers could be supervised (if desired) by our organisation, which would enable much more relevant and effective work to be done than is usually the case (which is based on a "defectological" approach).

The goal for us is not to earn money, but just to do sensible and useful things.

Autism may not be your speciality, and such a programme may seem unrealistic or utopian to you, but if you can see what I did in the summer of 2016 in Kazakhstan, you will see that I am serious and realistic, and that there are good results.

Particularly when you see the lightning progress made by the young Tima (chapter 3.6), in just 3 or 4 days: <https://autistan.kz/en/efficient-counselling-from-autistan-during-an-inclusive-summer-camp-in-kazakhstan/>

(This article proves the veracity and realism of what I'm saying, but for that, one has to watch the videos, and all that takes a very long time. The password is "(...)").

I would add that the Nepalese people excel in bravery, endurance, helpfulness and so many other qualities, like the Gurkhas for example.

In France, there are the [sherpas of the Presidency of the Republic](#), and you can see on their official website that the "sherpa G20, sherpa G7" is number four in the President's Cabinet: <https://www.elysee.fr/la-presidence/cabinet-du-president-de-la-republique-et-services-de-l-elysee>.

So all this makes sense.

In view of the above, if you agree to receive our presentation (in digital form) in order to get an initial overview and, above all, some sort of 'proof', you could perhaps consider **the possibility of a meeting with a member of your Embassy.**

Indeed, I will be **in Brasilia from 21 to 28 October**, (...), to meet several Brazilian public authorities and Embassies.

Of course, remote dialogue (via the Internet) is always possible.



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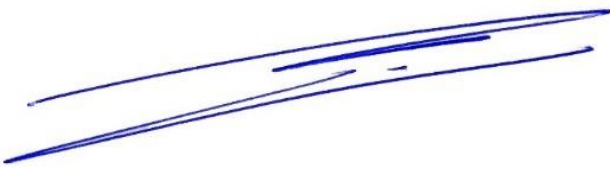
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I hope that this letter might have been of some interest to you, and that you may **consider the possibility of a meeting and/or dialogue.**

I would like to ask you to understand and forgive any inappropriateness in the present attempt *(in which case your advice or comments would be greatly appreciated).*

On behalf of the Autistan Diplomatic Organization, I have the honour, Mr Ambassador, to present to Your Excellency the expression of my most respectful consideration.

The General Secretary,
Eric LUCAS



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